



Dear Life – Coventry & Warwickshire Suicide Prevention Microsite is now live!

[Dear Life is a new suicide prevention website](#) which aims to reach people in Coventry and Warwickshire who are desperately seeking support or anyone who is worried about a loved one or someone they know.

HCP partners have developed Dear Life to:

- signpost residents in Coventry and Warwickshire to the local and national suicide prevention support
- provide steps to help someone who is worried about their own, or someone else's, wellbeing
- build safer communities by raising awareness of suicide prevention training opportunities
- remove the myths around suicide and encourage people to talk openly about their mental health
- support people who have been bereaved by suicide
- give help and advice in maintaining good mental health.

The website also enables people to share their experiences with a blog. Through our partners and charities, people can submit stories about mental health and suicide to encourage people to open up and talk about this topic. It is hoped this will help to open up conversations about suicide by helping people to recognise it's okay not to feel okay and help is available, and at the same time create a culture of kindness across Coventry and Warwickshire.

The live site can be found here: <http://dearlife.org.uk/> and we'll have a period of user testing while it is live.